

## **Documentation Guidelines for Medically Restricted Diet**

Appropriate disability documentation must be provided by the student when registering with the Disability Services Office to help assess the student's needs for reasonable accommodations for a medically restricted diet. Documentation will be treated as a confidential and reviewed only by appropriate administrators, including the Administrative Dietitian. If the Administrative Dietitian needs to contact the healthcare provider for further clarification on documentation, the student will be asked to supply written consent.

Documentation of the need for a medically restricted diet for a diagnosed condition

intolerance can lead to misdiagnosis and possible delay of treatment for another disorder as well as unnecessary dietary restriction that can compromise nutritional health.